

Step-by-Step Math Plan for Parents

Use this simple daily plan to teach your child counting, number sense, and early addition in just 5–10 minutes per day.

Step 1: Counting (2–3 minutes)

Count objects (toys, snacks, steps) Ask: How many are there?
Let your child point and count each item

Step 2: Number Sense (2–3 minutes)

Compare two groups (Which has more?) Make groups equal
Add or remove one item and observe changes

Step 3: Simple Math (2–3 minutes)

Add: You have 2, here is 1 more. How many? Subtract: You had 3, take 1 away.
What's left? Use real objects whenever possible

Step 4: Confidence (1 minute)

Praise effort Keep it positive End on a success

Repeat daily. Consistency is more important than time.

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